

# Friday Flier | January 12th, 2024

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## Paw Art

Join Nodak and his friends and help 4 local causes! The BPS Foundation, along with the BPS Fine Arts Department, BAGA, and the Central Dakota Humane Society have partnered together again to bring you Paw Art!

Simply submit your pet's photo online or by mail and a BPS student artist will draw a rendition of your pet. These pieces of art will be sent back to you and be Featured in the Paw Art Parade online and the Paw Art Showcase at Bismarck Art and Galleries Association.

Go to [bpsfoundation.com/partners/2024-paw-art/](https://bpsfoundation.com/partners/2024-paw-art/) for more information or to sign up today!

**Trolls & WONKA**  
HALF DAY  
DANCE CAMPS



AGES 4-6



AGES 6-8

JANUARY 16 9AM-12PM  
[NORTHERNPLAINDANCE.ORG/DAY-CAMPS](https://NORTHERNPLAINDANCE.ORG/DAY-CAMPS)



## Scholarship Application Open

Scholarships available! The application for a \$1000 scholarship through Bismarck Dollars for Scholars is open and is due February 28. More information and to apply: [bismarck.dollarsforscholars.org](https://bismarck.dollarsforscholars.org). Bismarck Dollars for Scholars is part of a national organization called Scholarship America which is the nation's largest scholarship organization. The group has awarded over \$160,000 in scholarships to Bismarck graduates.



## Volunteering

The Abused Adult Resource Center is always looking for volunteers to help out at our store, Seeds of

Hope. If you're interested in volunteering, we can help you with your hours for the Honor Society or

other programs that require volunteer hours. To apply, please visit our website and fill out the online application. You can click on this link [HERE](#) to access the application. Alternatively, you can contact Blaine Finneseth, our Volunteer Coordinator for AARC, by emailing him at [blainef@aarcnd.com](mailto:blainef@aarcnd.com).



## UMary Women's Soccer 3v3 Tournament

February 24th, 2024 | Event open to Girls & Boys | Youth - High School (3rd - 12th Grade)

Time: 8:00am - 8:00pm (as scheduled)

Cost: \$150 per team Each team Guaranteed 3 games

Location: University of Mary, Fieldhouse  
7500 University Drive, Bismarck, ND 58504



## Bismarck Youth Baseball is

accepting registrations for the 2024 season:

- **T-Ball**- designated for 6-year-old players
- **Rookie**- designated for 7- and 8-year-old players
- **AA**- designated for 9-year-old players
- **AAA**- designated for 9- and 10-year-old players
- **Majors**- designated for 11- and 12-year-old players
- **Babe Ruth**- 13-15 Year old Players
- **Legion**- 16-19 year old players

Please visit [www.bismarckyouthbaseball.org](https://www.bismarckyouthbaseball.org) for more information, and to register your child today!

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Evergreen Crown Workshop - Rosemaling - Hardanger Fiddles - Chip Carving - Fika - Sauna Days - "The Perfect Sweat"

## Vinterfest

An Entire Month of Winter Activities  
January 1 - 31, 2024

Vinterfest seeks to promote educational, recreational, and cultural heritage programming throughout central North Dakota. From artisan workshops to cross-country skiing, Vinterfest invites you to learn new hobbies and share in time-honored traditions.



[vinterfest.org](http://vinterfest.org)



Rosettes - "Tenne Bål" Bon Fire - Winter Games - Dalmaining - Luminary Ski - Lefse - Moccasin Workshop - Learn to Curl

## Vinterfest

Embracing Winter on the Northern Plains.

For more information, visit  
[www.vinterfest.org](http://www.vinterfest.org)

**Start them early...**  
Enroll your aspiring musician in one of CDCC's newest classes now.

## Treble Makers

A music class just for 1st graders!

Each Treble Makers class will include singing intertwined with movement activities, dancing, games and musical theory, all in a fun-based atmosphere!

Classes will be held:  
Tuesdays from 4:00-4:45 pm  
January 9 thru May 18, 2024  
Bismarck Event Center



Information & Registration

Call: 701-258-6516 Stop by: 821 South 9th Street, Bismarck Visit: [aboutcdcc.org](http://aboutcdcc.org)

## Music Classes for 1st & 2nd Grade

Central Dakota Children's Choir is excited to announce a music class exclusively for 1st Graders! Each "Treble Makers" class will include singing intertwined with movement activities, dancing, games and musical theory, all in a fun-based atmosphere. Class taught by CDCC Artistic Director, Teri Fay, on Tuesdays from 4:00 - 4:45pm at the Bismarck Event Center, January 9 - May 18. Performance at the end of the session. Get them started singing early—you'll be glad you did!

Central Dakota Children's Choir is also accepting registrations for "Singing for 2nd Graders." This music class for 2nd graders focuses on age-appropriate fundamentals of music using the child's singing voice. Each class will include not only singing, but also games, dancing, speaking and creating. Classes will be taught by CDCC Artistic Director, Teri Fay, on Tuesdays, January 9 - May 18 from 5:00 to 5:45 pm at the Bismarck Event Center, with a performance at the end of the session.

Registration for both classes is available now on the CDCC website [www.aboutcdcc.org](http://www.aboutcdcc.org). For more information, call the CDCC Office at 701-258-6516..

**2024 BISMARCK SPARKS TRAVEL TEAM TRYOUTS**

**LEVEL UP**

SUNDAY, FEBRUARY 11  
FORE SEASONS CENTER

10U-12U  
12:00PM - 4:30PM

14U-18U  
9:00AM - 1:00PM

**DARBY KRIVORUCHKA**  
BYFSA Travel Team Director  
701-202-5429  
[dkrivoru@gmail.com](mailto:dkrivoru@gmail.com)

Register today at [www.bismarckfastpitch.com](http://www.bismarckfastpitch.com)

## 2024 Bismarck Sparks Travel Team Tryouts

REGISTRATION NOW OPEN FOR 2024 BISMARCK SPARKS COMPETITIVE TRAVEL TEAM TRYOUTS

For more information about the program, visit  
<https://www.bismarckfastpitch.com/travel>

**BISMARCK FASTPITCH**

**SUMMER LEAGUE**

2024

**REGISTRATION NOW OPEN**

[WWW.BISMARCKFASTPITCH.COM](http://WWW.BISMARCKFASTPITCH.COM)

## Bismarck Youth Fastpitch 2024 Summer League Registration

2024 BYFSA Summer League Registration is NOW OPEN

Visit  
[www.bismarckfastpitch.com/summer-league](http://www.bismarckfastpitch.com/summer-league) for more information and to sign up!

Early bird discount expires on April 15 and registration closes on April 30.

## REGIONAL NASP TOURNEYS

ASK YOUR NASP TEACHER TO REGISTER YOU.



Scan to find a  
tournament near you.

## NOT A NASP SCHOOL?

No problem, contact the Game and Fish Department to learn how you can bring this inclusive sport to your school.

Jeff Long, NASP state coordinator  
[jrlong@nd.gov](mailto:jrlong@nd.gov)  
701-328-6300



## NASP Regional Tourney Schedule

National Archery in the Schools Program (NASP) - Join Us! Regional NASP Tournaments - where elements of competition and camaraderie combine! Students - ask your NASP instructor to register you for this fun and rewarding experience.

Not a NASP school? No problem! Contact Jeff Long, NASP state coordinator, to learn how you can bring this fun and inclusive sport to your school! Phone 701-328-6300 or email [jrlong@nd.gov](mailto:jrlong@nd.gov).



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## Th Community Youth

The Round Table offers a variety of services to the community including counseling, parent education, mental health fitness, and more. As a local non-profit focused on mental health, they work to make services more accessible to school-age youth by removing financial barriers for their families. The Round Table was established to provide opportunities for children and families to receive services to promote positive change. They emphasize a whole-body approach to allow for long-term mental health stability.

Families that would like support may [apply for assistance](#) on their website. Through the Round Table's assistance, many children in the Bismarck-Mandan area have been able to access services that would have otherwise been unaffordable.

The Round Table relies on community support to continue offering these invaluable services. You may find more information about opportunities to volunteer or donate [here](#).



## YMCA/Family Wellness Programming Upcoming Activities

- Youth Sports
- Itty Bitty Activities
- Youth Swim
- Youth & Family
- Child Care & Camps

Click [HERE](#) to see all activities and camps currently offered.

**You Belong Here**  
Missouri Valley Family YMCA  
[www.bismarckymca.org](http://www.bismarckymca.org)

**For Our Community**  
Family Wellness  
[www.familywellnessbismar.org](http://www.familywellnessbismar.org)



## Free Speech Therapy for Children

The Scottish Rite Speech Therapy Center for Children in Bismarck is presently accepting applications, online, at [www.scottishritespeech.org](http://www.scottishritespeech.org). All services are free of charge to children ages 2 through 7 with a qualifying application. For more information, please call 701-258-9132 or e-mail at [speechtherapy@bismarckscottishrite.org](mailto:speechtherapy@bismarckscottishrite.org).



## REGISTER NOW

Jan. 27 - [Youth Basketball Skills Challenge](#) (grades 3-6)

[Volleyball, Coed 3rd](#) - starts Jan. 22

[Volleyball, Coed 4th-5th](#) - starts Jan. 29

Feb. 2 - [Blacklight Tennis](#) (ages 5+)

Visit [www.bisparks.org](http://www.bisparks.org) to learn more about parks and recreation activities.

## LIFEGUARDS

Want to become a lifeguard but can't work yet? No problem! [Sign up for training now](#) - work for Bismarck Parks and Recreation in late spring or summer and get certified for free! Plan ahead for a great summer job at the pool!

- Feb. 17-19
- March 21-24
- April 25-28

Need [recertification](#) as a lifeguard? We offer that, too!

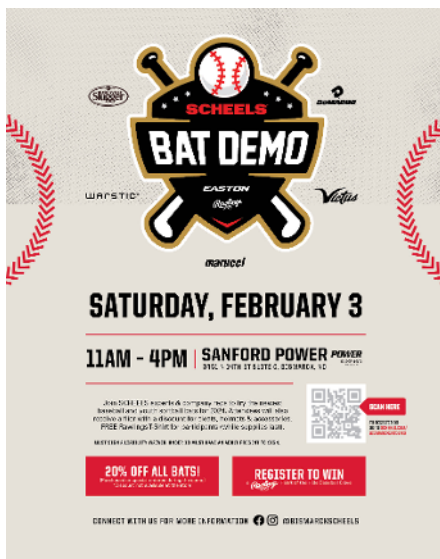
- Jan. 28
- March 9

[Learn more about these great opportunities](#) to learn life skills, earn some cash and have fun on the job!

## FUN JOBS

Join the Bismarck Parks and Recreation team! Jobs for ages 14+ at [www.bisparks.org/jobs!](http://www.bisparks.org/jobs!)

- BLAST afterschool leaders
- Facility attendants
- Fitness staff
- Front desk staff
- Lifeguards - [free training!](#)
- Officials - basketball & volleyball
- Swim instructors
- Tennis instructors
- Volleyball coaches



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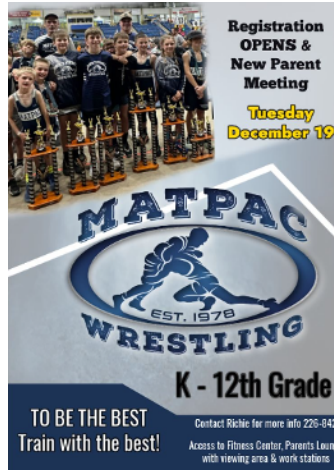
## Little Free Pantry

CHS Drama is partnering with BECEP to help keep their Little Free Pantry stocked. Items needed include household goods (laundry detergent, dish soap) and preschool sized waterproof mittens. Bring your items to any one of the musical performances to help support BECEP and the surrounding neighborhood.



## Optimism: How It Connects Us

The Optimist Club of Bismarck is encouraging area students to contemplate the phrase "Optimism: How It Connects Us" as part of the Optimist International Essay Contest for the 2023-2024 school year. The Optimist Club will judge the local students' essays based on the theme of "Optimism: How It Connects Us" and determine the winners. The top winner will receive \$500 and the winning essay will be sent to the district level where college scholarships are available for top winners. Students wishing to participate in the essay contest can find out more about the contest at [this link](#) or contacting the club at 701-226-6285 or [ktorske@bravera.bank](mailto:ktorske@bravera.bank). Essay submission deadline is February 9, 2024.



## MATPAC Wrestling

MATPAC Wrestling Club is 1 of only 8 clubs in the US to be awarded by USAW as a Gold Club Wrestling Organization and is nationally ranked by TrackWrestling.com. Coaches and mentors focus on teaching the fundamentals of wrestling, sportsmanship, hard work, self-discipline, teamwork, and being great kids. ALL members and parents will be able to utilize our fitness center, parents lounge, and work areas while their wrestlers are training. Assistance is available to qualified families, and all are welcome to join no matter where you live. Preregistration is available on our website at <http://www.matpacwrestling.org> (click on "How to Join") or register at the meeting. Monthly dues are only \$50 per month! MATPAC facility is located at 2600 E Rosser Ave.

K - 3 rd grade wrestlers practice Tuesdays & Thursdays 5:30 - 6:30 pm starting Tuesday Jan. 2 nd , 2024 for new wrestlers, wrestlers with 2 yrs. experience can start today.

4 th - 12 th grade practice Mondays 5:30 - 7 pm, Tuesdays & Thursdays 6:30 - 8 pm starting Tuesday Jan. 2nd, 2024, for new wrestlers, wrestlers with 2yrs experience can start today.

Registration for Feb, March, April, and May is during the first practice of the month from 5 to 6:30pm. Visit our website or us on Facebook and Instagram for more information.

## District Calendar

- **Jan. 15** - MLK Day - No School
- **Jan. 16** - Staff Development Day - No School
- **Feb. 19** - President's Day - No School
- **Feb. 20** - Staff Development Day - No School
- **Mar. 15** - Storm Make-Up Days - No School
- **Mar. 29** - Good Friday - No School
- **Apr. 1** - Parent Teacher Conferences - No School
- **Apr. 29** - Storm Make-Up Days - No School
- **May 23** - Last Day of School
- **May 23** - SCHS Graduation
- **May 26** - BHS, CHS, LHS Graduations

